

## **About the Directory**

The purpose of this directory is to assist those seeking post-adoption services in Ireland. The directory contains contact details for individuals, organisations and agencies which have indicated to the Adoption Authority of Ireland (the "Authority") that they provide such services in Ireland. It also contains other organisations which provide adoption services and/or which are accredited by the Authority under section 126 of the Adoption Act 2010. Please note that certain organisations, such as support groups do not require accreditation under section 126 of the Adoption Act 2010 to operate. The service providers listed in the directory have indicated their interest in being included in the directory.

## **Disclaimer**

No responsibility can be accepted by the Authority for any loss occasioned to any person acting or refraining from action as a result of the material in this publication. The Authority does not take responsibility for competence and/or probity of any entrant in the directory or for the consequences of the advice given. Users should refer to the relevant professional regulatory body for the most up to date registration information in respect of health or other professionals referred to in the directory.

The Authority does not sponsor, endorse or fund private arrangements in the provision of post-adoption services. Some services listed here are private services that require payment, please contact the service provider directly to check the costs. Please note that the Adoption Authority of Ireland does not sponsor or endorse the individuals or organisations named and will not be responsible for payments or outcomes.

**To provide an update for the Directory, please contact the Adoption Authority of Ireland at 01 230 9306 [SW@aai.gov.ie](mailto:SW@aai.gov.ie) For feedback suggestions and complaints about the directory, please contact Katie Harrigan, Senior Social Work Practitioner directly at 01 2309 318 [Katie\\_harrigan@aai.gov.ie](mailto:Katie_harrigan@aai.gov.ie)**

## **Adoption Authority of Ireland**

Adoption Authority of Ireland, Shelbourne House, Shelbourne Road, Dublin 4 D04 H6F6. Tel 01 2309 300 general queries 01 2309 306 social work duty line [SW@aai.gov.ie](mailto:SW@aai.gov.ie) [www.aai.gov.ie](http://www.aai.gov.ie)

The Adoption Authority of Ireland is the Central Authority for adoption services in Ireland. It also has statutory responsibilities in relation to research and regulation of national adoption services. The Authority provides information and tracing services through the National Adoption Contact Preference Register. It provides post adoption advice and support through the social work duty phone line and email.

**Social workers providing services within the Authority are registered with the regulating body CORU. Please check on [www.coru.ie](http://www.coru.ie).**

## **Adoption Support Groups**

Adoption Rights Alliance (ARA) [www.adoptionrightsalliance.com](http://www.adoptionrightsalliance.com)

The ARA provides advocacy, peer support and practical advice for adopted people and anyone with a connection to adoption in Ireland.

International Adoption Association (IAA) [info@iaaireland.org](mailto:info@iaaireland.org) [trish@iaaireland.org](mailto:trish@iaaireland.org)

The International Adoption Association is a national support group for parents. It is the sole accredited support organisation under the Adoption Act 2010 and is committed to supporting pre and post adoptive parents and families through the adoption process and the child's life.

Danu birth mother support group, Sligo Family Resource Centre, 49 the Mall Sligo, or [www.Birthmothersgroup.com](http://www.Birthmothersgroup.com)  
[Birthmothersdanu@gmail.com](mailto:Birthmothersdanu@gmail.com) Tel: 071 9146315 Elizabeth King Manager or 071 36550, 0871533491, Sheila Gallagher  
Social worker.

Danu Birth Mothers Support Group is a support group for women who have placed their child for adoption. The group acknowledges each member's right to confidentiality and aims to support and value each member's experience of adoption in a safe, secure place.

Irish First Mothers [www.irishFirstMothers.com](http://www.irishFirstMothers.com) [firstmotherstogether@gmail.com](mailto:firstmotherstogether@gmail.com)

The Irish First Mothers is a peer to peer support group for Irish mothers who lost infants to adoption In Ireland up to the mid 90's.

Holistic retreats for First Mothers of adopted children focusing on loss in adoption and nurturing that loss. Residential weekends twice a year that offer a safe space for women to come together that share a common bond. Includes gentle yoga practices, scenic nature walks, experiential group work, meditation, food and accommodation . Contact Christina Breen [Chroiyoga@gmail.com](mailto:Chroiyoga@gmail.com) or <http://www.chroiyoga.com>

The Network of Adoption Support Groups Ireland (NASGI) [nasgire@gmail.com](mailto:nasgire@gmail.com)

The Network of Adoption Support Groups Ireland (NASGI) is a voluntary umbrella group of representatives from many of the Inter-country Adoption Support Groups in Ireland. NASGI was formed in 2016 to give a collective voice to children who have been adopted internationally into Ireland and currently has a specific brief to highlight the need for equal access to appropriate Post Adoption Services and supports nationally.

#### **Country specific support groups.**

Belarus	<a href="mailto:easterquinn@eircom.net">easterquinn@eircom.net</a>
Bulgaria	<a href="mailto:marieporter68@yahoo.com">marieporter68@yahoo.com</a>
China	<a href="mailto:irishchinesecontactgroup@gmail.com">irishchinesecontactgroup@gmail.com</a>
Ethiopia	<a href="mailto:info@iaeo.org">info@iaeo.org</a>
Guatemala	<a href="mailto:rolongphuir@hotmail.com">rolongphuir@hotmail.com</a>
India	<a href="mailto:irelandindiaadoption@yahoogroups.com">irelandindiaadoption@yahoogroups.com</a>
Kazakhstan	<a href="mailto:kigcotact@gmail.com">kigcotact@gmail.com</a>
Philippines	<a href="mailto:rolongphuir@hotmail.com">rolongphuir@hotmail.com</a>
Romania	<a href="mailto:parcireland@eircom.net">parcireland@eircom.net</a>
Russia	<a href="mailto:riagcontact@gmail.com">riagcontact@gmail.com</a>
Thai	<a href="mailto:thaiadoptiongroup@gmail.com">thaiadoptiongroup@gmail.com</a>
Vietnam	<a href="mailto:vinafmail@gmail.com">vinafmail@gmail.com</a>
Vietnam (South of Ireland)	<a href="mailto:vietirishsupport@me.com">vietirishsupport@me.com</a>

#### **Regional Support Groups**

Adoptive Parents Training Network [briansemples@eircom.net](mailto:briansemples@eircom.net)

Adoptive Parents Association of Ireland [apai@eircom.net](mailto:apai@eircom.net)

Donegal [louise.doherty@hse.ie](mailto:louise.doherty@hse.ie)

Cork Families Through Adoption [famielsthroughadoption@gmail.com](mailto:famielsthroughadoption@gmail.com)

Midland International Adoption Group – pre adoption [olivebartley@eircom.net](mailto:olivebartley@eircom.net)

Mayo Group [angelacampbell9@yahoo.com](mailto:angelacampbell9@yahoo.com)

Sligo Group [coordinatorsslifofrc@gmail.com](mailto:coordinatorsslifofrc@gmail.com)

Wexford Adoption Parents Association [wapa@eircom.net](mailto:wapa@eircom.net)

Western Intercountry Adoption Organisation [wiaomail@gmail.com](mailto:wiaomail@gmail.com)

Wexford Russian Group [helenahore@eircom.net](mailto:helenahore@eircom.net)

Midlands Post Adoption Group [mkroe@eircom.net](mailto:mkroe@eircom.net)

**There is no list of regulatory or supervisory bodies that accredit support groups, as support groups do not require such regulation in order to offer their services. In relation to the International Adoption Association, the Adoption Authority of Ireland accredits the agency to provide their services [www.aai.gov.ie](http://www.aai.gov.ie).**

#### **Adoption Services Tusla**

Tusla Child and Family Agency regional offices provide adoption services in relation to all adoption matters. Tusla also provide signpost to other post adoption services. For a comprehensive overview of services and contact details, see [www.tusla.ie/adoption](http://www.tusla.ie/adoption) services

Cork and Kerry Adoption Service, Páirc na gCrann, St Stephen's Hospital, Sarsfield Court, Glanmire, Co Cork T45 XF67  
Tel 021 4858650

Donegal Adoption Services, County Clinic, St Conal's Campus, Letterkenny, Co Donegal F92 FW6Y  
Tel 074 910 4716

Dublin, Kildare and Wicklow Adoption Service, Dartmouth House, Kylemore Road, Ballyfermot, Dublin 10 D10 XD32  
Tel 01 6201100

Galway, Roscommon, CLANN Adoption Service, Merlin Park Hospital, Galway H91 N973  
Tel 091 775057

Laois and Offaly Adoption Services, Derry Suite, Castle Buildings, Tullamore, Co. Offaly R35 E9K8  
Tel 057 9370700

Limerick, Clare, North Tipperary Adoption Service, Glenbevan House, Upper Mayorstone, Limerick V94 PW70  
Tel 061 464154,

Longford, Westmeath Adoption Service, Tivoli Road, Dublin Road, Longford N39 TX61  
Tel 043 3350584

Louth, Meath, Cavan, Monaghan Adoption Service, Child and Family Centre, St. Mary's Hospital, Dublin Road, Drogheda, Co. Louth A92 X862  
Tel 041 9893301

Mayo Adoption Service, St. Mary's Headquarters, Castlebar, Co Mayo F23 HP58  
Tel 094 9042511

Sligo, Leitrim and West Cavan Adoption Service, Custom House, No 2 The Quays, Sligo F91 YY77  
Tel 071 9136550

Waterford, Wexford, Carlow, Kilkenny, South Tipperary South East Adoption Service, 2 St. Andrew's Terrace, Newtown, Co.  
Waterford X91 EDF8. Tel 051 860048

**Tusla adoption services are provided in the main by social workers. Social workers providing the services within Tusla are registered with the regulating body CORU. Please check on [www.coru.ie](http://www.coru.ie).**

#### **Agencies Accredited by AAI**

Barnardos, Christine Hennessy, Project Leader, Adoption Services, 23/24 Buckingham Street Lower, Dublin 1 D01 XY24

Tel (01) 8134100 Christine's direct line : (01) 8134110 Post Adoption Helpline Tel 01 4546388 Tuesday/Thursday 10am-1pm [adoption@barnardos.ie](mailto:adoption@barnardos.ie)

National helpline and email service for adoptive parents seeking post adoption advice and support. Therapeutic service for adopted children and families living in the Eastern region. Training for parents. Support services are provided to birth families and adopted adults also.

Clarecare, Harmony Row, Ennis, Co. Clare V95F8CN. Tel 065 6822178 [adoption@clarecare.ie](mailto:adoption@clarecare.ie)

Post adoption services. Information and tracing adoption and fostering, adoptive family support. Individual and family work. Peer group support, workshops on adoption related issues.

Cunamh, CPRSI House, 30 South Anne St., Dublin 2 D02 K261. Julie Kerins Principal Social Worker Tel 016779664  
[info@cunamh.com](mailto:info@cunamh.com)

Cunamh provides a range of adoption services including Post Adoption services recognising that adoption is a lifelong process. Information and tracing services to people that the agency have had contact with in the past.

Here2Help, Arabella House, 18D Nutgrove Office Park, Rathfarnham, Dublin 14 D14FC03. Deirdre Pemberton Social Work Team Leader Tel 012166300 012164207 [info@here2help.ie](mailto:info@here2help.ie)

Information and tracing services. Supporting birth mothers and families in open adoption through to the Adoption Order.

Helping Hands Adoption Mediation Agency (HHAMA), The Loft, Bessborough Centre, Blackrock Road, Cork. Tel 021 4966805, fax 021 4966815. [helpinghands.ama@gmail.com](mailto:helpinghands.ama@gmail.com) [www.helpinghands.ie](http://www.helpinghands.ie)

Mediation services for people adopting children from abroad

International Adoption Association (IAA) [info@iaaireland.org](mailto:info@iaaireland.org)

[trish@iaaireland.org](mailto:trish@iaaireland.org)

The International Adoption Association is a national support group for parents. It is the sole accredited support organisation under the Adoption Act 2010 and is committed to supporting pre and post adoptive parents and families through the adoption process and the child's life.

Pact, Arabella House, 18D Nutgrove Office Park, Rathfarnham, Dublin 14 D14FC03. Hazel Douglas Principal Social Worker  
Tel 012962200 [info@pact.ie](mailto:info@pact.ie)

PACT provides a range of services including post adoption services, information, advice, counselling and associated services in relation to adoption.

St Mura's Adoption Society, Pastoral Centre, Monastery Avenue, Letterkenny, Co Donegal. Tel 074 9122047 Seamus O'Gallchoir, Team Leader [stmuras@eircom.net](mailto:stmuras@eircom.net) or [stmuras1@gmail.com](mailto:stmuras1@gmail.com)

In recognition of the impact of adoption throughout a person's life, St Mura's provides an open comprehensive and supportive service to all involved in adoption through St Mura's Adoption Society and Nazareth House in Fahan. Post adoption service for adopted people, adoptive parents and birth/natural parents including contact in adoption, information and tracing, and counselling services. A support group for parents whose children were adopted is also facilitated.

**Adoption services listed above are accredited by the Adoption Authority of Ireland. Please check on [www.aai.gov.ie](http://www.aai.gov.ie). Social workers providing the services within these agencies are also registered with the regulating body CORU. Please check on [www.coru.ie](http://www.coru.ie).**

### **Alternative Therapies**

Adare Craniosacral Therapy, Station Road, Adare, Co. Limerick V94 C6HF. [info@dkcraniosacral.com](mailto:info@dkcraniosacral.com)

Private service. Craniosacral Therapy, Family Constellation Therapy, mindfulness, assorted therapies.

Life Works, The Point Shopping Centre, Skerries, Co. Dublin and at Causeway Clinic, Moortown, Killinick, Co. Wexford. Tel 0861741978 05391335491 [annemarie@theferriswheel.org](mailto:annemarie@theferriswheel.org)

Private service. Educational service treating dyspraxia, dyslexia, depression, anxiety and behavioural challenges. Gentle child friendly approach to overcome deep rooted psychological and emotional trauma. Methods: Cognitive Behavioural Therapy, Neurolinguistic therapy, Hypnosis, Ferris Wheel Learning for Life.

Upledger Institute of Ireland, 33 South Main St., Naas, Co. Kildare W91 C9ER. Mary Brady and Ger Swords Directors, Tel 045 898243 087 2696355 [info@upledger.ie](mailto:info@upledger.ie)

Private service. Craniosacral Therapy for parents and children.

**Craniosacral services are accredited by the Irish Association of Craniosacral Therapy. Please check on [www.iacst.ie](http://www.iacst.ie)**

**Cognitive behaviour Therapy, Neurolinguistic therapy and Hypnosis services are accredited by the Irish Association of Humanistic and Integrative Psychotherapy and comply with standards agreed for all member organisations of the Irish Council for Psychotherapy and the European Association for Psychotherapy. Please check on [iahip.org](http://iahip.org).**

### **Art and Play Therapists**

Anne Brennan, Suaimhneas, Main St. Tyrrellspass, Co. Westmeath N91 XHN7. Tel 087 2210211 [ables@eircom.net](mailto:ables@eircom.net)

Private service. Therapy Practitioner in attachment and attunement, play therapy, creative therapy for adolescents, psychotherapy, PTSD and trauma therapy.

Bernadette Carroll MBPsS, PSI, TCI, Irish Association of Play Therapists and Psychotherapists (IAPTPI) Midland Parenting and Child Therapy Centre, Dalystown, Mullingar, Co. Westmeath. Tel 087 2103247 [Bercarroll202@yahoo.com](mailto:Bercarroll202@yahoo.com)

Private service. Nurturing family wellbeing one to one or with small groups Mentoring with child and Adolescent Creative therapy. Sensory attachment integration with communities, families.

Anne Flanagan, Ower, Headford, Co. Galway. Tel 0872425736 09335709 [Annflanagan50@gmail.com](mailto:Annflanagan50@gmail.com)

Private service. Adult psychotherapy, play therapy for children and adolescents, early attachment work for child and parent together.

Treasa Forestal, No. 4 Dunhill Eco-Park, Dunhill, Co. Waterford. Tel 085 2723909 [info@childtherapist.ie](mailto:info@childtherapist.ie)

Private service. Play therapist, Child Psychotherapist. Training in attachment work, therapy and filial therapy.

Private service. Psychotherapist, play therapist, trained in DDP with Dan Hughes, and GBB with Dr Bryan Post. Also provides training and supervision for professionals.

Michelle Gunning, Art Therapist, 6 Barr na gCurrach, Furbo, Co. Galway H91 V61F. Tel 0873109739 091577938  
[mgunningarttherapy@gmail.com](mailto:mgunningarttherapy@gmail.com)

Private service. Psychotherapeutic Services specialising in attachment and trauma.

Gayle Kearney, Butterfly Children, 4 Curragh Finn, Rathbride Road, Kildare town, Co. Kildare R51 CF88. Tel 0876181445  
[gaylehearney@gmail.com](mailto:gaylehearney@gmail.com)

Private service. Psychotherapy, with specialisation in Play therapy. Attachment focused and Trauma.

Peter Lunn, Limerick. Tel 087 623 6719 [peterlunn.pl@gmail.com](mailto:peterlunn.pl@gmail.com)

Private service, Art therapy

**Art therapists are accredited through the Irish Association of Creative Arts Therapists see [www.iacat.ie](http://www.iacat.ie), Psychotherapists and Play therapists are accredited through the Irish Council of Psychotherapists, [www.icap.ie](http://www.icap.ie) and Irish National Association Of Professional Play Therapists. See [www.ipta.ie](http://www.ipta.ie)**

### **Counselling and Psychotherapy services**

Margaret Beaumont, 14 Strand Road, Sandymount, Dublin 4 D04 H9P5. Tel 012693951 [margaretbeaumont@eircom.net](mailto:margaretbeaumont@eircom.net)

Private service. Child and adolescent Psychoanalytic Psychotherapy

Marian Bennett, 20 Valley Court, Athlone, Co Westmeath. Tel 086 061 2732 [marianbennett@hotmail.com](mailto:marianbennett@hotmail.com)

Private service. Post contact and reunion support and advice, support or advice to parents and adopted children, attachment, life story and identity work.

Linda Brunton, Source Therapy Clinic, 205 Mount Prospect Ave., Clontarf, Dublin 3 D03 RY99. Tel 087 2903299 [mooney2205@eircom.net](mailto:mooney2205@eircom.net)

Private service. Counselling and psychotherapy for depression and anxiety, relationship issues, loss and adoption related issues.

Michael Candon, Counsellor and Psychotherapist, Little Killary, Killary, Ballina – Killaloe, Co. Tipperary. Tel 061 376802 0862228226 [www.mikecandon.com](http://www.mikecandon.com)

Private service. Michael is an adopted person, works with individuals and groups that are adopted or are involved in adoption personally or professionally. He runs seminars and support services to those working in the field of adoption and fostering.

Liam Cannon, New Dawn Counselling Service, Coolboy, Letterkenny, Co. Donegal F92 XD79. Tel 085 1237747 [newdawncounselling@yahoo.ie](mailto:newdawncounselling@yahoo.ie)

Private service. Counselling services to individuals

Ita Conroy, Rainbows Psychotherapy and Training Centre, 1 Wine St., Sligo F91 RFK1. Tel 087 2908522 [itaconroy@gmail.com](mailto:itaconroy@gmail.com)

Private service. Post adoption counselling for parents and children who have been adopted. Couples counselling for adult adoptees

Fergus Crowe, Sanctuary Counselling and Psychotherapy, Meadowview, Timahoe, Donadea, Co. Kildare W91 RC83. Tel 086 8345823 [fergus.crowe@gmail.co](mailto:fergus.crowe@gmail.co)

Private service. Accredited Psychotherapist specialising in Cognitive Behavioural Therapy

Dr Elmarie Egan-Sage, 2<sup>nd</sup> floor, Blackrock Ave, Skehard Rd, Blackrock, Cork T12 X3FV. [elmarie@gmail.com](mailto:elmarie@gmail.com)

Private and public, Counselling and Psychotherapy

Rosemary Fitzgerald, The Novara Centre, 11 Fitzwilliam Tce, Strand Road, Bray, Co Wicklow A98 R8X9. Tel 01 2761745 [info@novaracentre.ie](mailto:info@novaracentre.ie)

Private service. Post adoption and fostering service for children, adolescents and adults. Specifically trained personnel on

team. Dan Hughes training and attachment forum.

Amanda Fox, Hillmount, Newtown Hill, Tramore, Co. Waterford X91C6R3. Tel 087 6448345 [amandalouisefox@gmail.com](mailto:amandalouisefox@gmail.com)

Private service. Solution focussed counselling in all areas

Mary Friel, 4 Ard na Glaise, Kilmacrennan, Letterkenny, Co. Donegal F92 XT71. Tel 074 9119928 086 8600764  
[mary.friel@talk21.com](mailto:mary.friel@talk21.com)

Private service. Counselling on a wide range of services around adoption issues, such as post adoption, search and reunion.

Christine Harris Therapy, Kylebroughlan, Moycullen, Co. Galway. Tel 091 533669 087 6453199  
[info@christineharristherapy.com](mailto:info@christineharristherapy.com)

Private service. Counselling service for adoptive parents

Fionnuala Healy, Plovervale Stables, Turlough, Castlebar, Co. Mayo. Tel 0871254799 0949039031800  
[Nualahegaly06@eircom.net](mailto:Nualahegaly06@eircom.net)

Private service. Psychotherapist and Supervisor. Fully accredited Irish Association of Humanistic and Integrative Psychotherapy. All areas of adoption.

Alice Lee, Families First, Unit 3 Oakfield Industrial Estate, Clondalkin, Dublin 22. D22 H5H0 . Tel 01 4574752  
[alee@archways.ie](mailto:alee@archways.ie)

Functional Family therapy provides a Systemic Family Perception and Intervention Therapeutic programme for adolescents experiencing a wide range of emotional and behavioural issues.

Patricia Losty Tel 085 1535563, Blancharstown Dublin 15 and Clane County Kildare , [patricialosty@hotmail.com](mailto:patricialosty@hotmail.com)

Private service. Counselling and psychotherapy for birthparents, adoptive parents, adult adoptees and family members.

Anne Moran MIAHIP, PQ Dip Adol, Psychotherapy, 41 Avondale Square, Dunboyne, Co. Meath A86 PX28. Tel 0877557642  
[info@annemoran.com](mailto:info@annemoran.com)

Private service. Adolescent and adult counselling and psychotherapy.

Nessa Muller, MA, MSc, Adoption Counselling Dublin, 28 Baggot St. Lower, Dublin 2 D02 NX43. Tel 0879241936  
[info@adoptioncounselling.net](mailto:info@adoptioncounselling.net)

Private Service. Counselling and psychotherapy for adopted adults, children, adolescents, birthmothers and adoptive parents. Therapy provided to traumatized children.

Brendan Murphy, Arduna Counselling and Psychotherapy Centre, 54 Clontarf Rd, Dublin 3 D03 R2X6. Tel 01 83332733 [info@rduna.ie](mailto:info@rduna.ie)

Private Service. Counselling and Psychotherapy

Gobnait O'Grady, 'Barra' 51 Monkstown Road, Blackrock, Co. Dublin. Tel 087 2052177 [gobnaitograDY@eircom.net](mailto:gobnaitograDY@eircom.net)

Private Service. Coaching for birth parents, adult adoptees, adoptive parents.

Eileen Ridgeway, 143 Upper Rathmines Road, Dublin D06 T9P8. Tel 0861914409 [eilrid@icloud.com](mailto:eilrid@icloud.com)

Private Service. Adoption related issues. Trauma, loss, anxiety, stress, fear and depression.

Patricia Wilson, St Luke's Hospital, Freshford Rd., Kilkenny R95 FY71. Tel 0862372525

Private Service. Counselling, Psychotherapy and dealing with issues around loss.

**Counselling and psychotherapy services are accredited through the Irish Association for Counselling and Psychotherapy see [www.irish-counselling.ie](http://www.irish-counselling.ie) and the Irish Council for Psychotherapy see [www.psychotherapyCouncil.ie](http://www.psychotherapyCouncil.ie). Psychotherapists may also be members of IFCAPP, ([Irish Forum for Child and Adolescent Psychotherapy](http://www.irishforumforchildandadolescentpsychotherapy.ie)). Social workers working in Adoption services are accredited by CORU. See [www.coru.ie](http://www.coru.ie)**

#### **Family Support Services**

Sligo Family Resource Centre, 49 the Mall, Sligo F91 HR58. Elizabeth King, Tel 0719146315 [managerssligofrc@gmail.com](mailto:managerssligofrc@gmail.com)

Northwest adoptive Parent support group.

Vita House Family Services, Abbey Street, Roscommon F42 N677. Tel 0906625898 [info@vitahouse.org](mailto:info@vitahouse.org)

Private service. Counselling and psychotherapy services for families, couples, and individuals on a wide range of issues including adoption.

Willow Tree Child and Family Centre, Rita Coffey and Sarah McAuley, 80 Malahide Road, (opposite Griffith Avenue), Clontarf, Dublin 3 D03 N9C8. Tel 01 8535779 087 7685393 (Rita) 086 8732124 (Sarah) [info@willowtreetherapy.ie](mailto:info@willowtreetherapy.ie)

Private service. Professional therapeutic services for children, adults and including couples and families. Adult group psychotherapy, psycho-educational groups

**Counselling and psychotherapy services are accredited through the Irish Association for Counselling and Psychotherapy see [www.irish-counselling.ie](http://www.irish-counselling.ie) and the Irish Council for Psychotherapy see [www.psychotherapyCouncil.ie](http://www.psychotherapyCouncil.ie).**

#### **Medical Professionals**

Mr Colm Costigan, Consultant, Crumlin Children's Hospital D12 CR28

Public and private service, post adoption child medical assessments

Dr. Donal Costigan Unit 7, 69 Eccles Street, Dublin 7 D07 FW31. Tel 01 8309997 [drdonalcostigan@eircom.net](mailto:drdonalcostigan@eircom.net)

Private service. Consultant Neurologist

Professor Helen Enright, Department of Haematology, Tallaght hospital, Dublin. Tel 01 4143947 [Helen.enright@amnch.ie](mailto:Helen.enright@amnch.ie)

Private service, and public Haematology consultation (Adult patients)

Colm Fahy, Western ENT, Suite 35, Doughiska, Galway clinic H91 HHT0. Tel 091720003 [colm.fahy@galwayclinic.com](mailto:colm.fahy@galwayclinic.com)

Private service. Ear Nose and Throat services

Dr. Sinead Harney, Rheumatologist, Suite 0.5 CPC, Bishopstown, Co. Cork T12 DFK4. Tel 086 1096393 [sharney@cuhcpc.ie](mailto:sharney@cuhcpc.ie)

Private service. Covering the areas of Rheumatoid arthritis and Systemic Lupus Erythematosus.

Dr. Dermot McCarthy, Suite 8, Beacon Consultant Clinic, Dublin 18. Tel 01 2920570 [dermot.mccaffrey@imaddoc.net](mailto:dermot.mccaffrey@imaddoc.net)

Private service. Cardiology consultations. Hypertension, heart murmurs, heart attacks, cholesterol

Professor Alf Nicholson, Children's Hospital, Temple St., Dublin 1 D01 YC67 [alf.nicholson@gmail.ie](mailto:alf.nicholson@gmail.ie)

Public and private service, post adoption child medical assessments

Dr. Paula O'Connor, Consultant Neonatologist, The Coombe Women's and Infant's University Hospital D08 XW7X. Tel 087 9819668

Private service. Review of new-born patients up to 6 weeks of age and including preterm babies up to the age of 6 weeks.

Dr. Paul Osliziok, The Private Clinic, Our Lady's Hospital, Crumlin, Dublin 12 D12 CR28. Tel 014096240

Private service. Paediatric Cardiology, evaluation and treatment.

The Children's Practice, Unit 5, Cube 1 Beacon South Quarter, Sandyford, Dublin D18 H9K7 [admin@the children's practice.ie](mailto:admin@thechildrenspractice.ie)

Private service Consultant Paediatric Clinic

**Medical professionals are regulated by the Medical Council in Ireland. Please check on [www.medicalcouncil.ie](http://www.medicalcouncil.ie)**

## **Neuro Developmental Therapies**

Aoife Caulfield, 1 Clare Road, Ennis, Co. Clare V95 YC8W. Tel 0877921326 [caulfield.aoife@gmail.com](mailto:caulfield.aoife@gmail.com)

Private service. Neuro developmental therapy, Johansen Sound Therapy. Sound therapy.

Una Hatch and Moya Mulroy, Bangla Therapy Centre, Flemington, Balrath, Navan, Co. Meath Tel 0876817585 (Una) [unahatch@eircom.net](mailto:unahatch@eircom.net) Tel 0863564020 (Moya) [moyamulroy@gmail.com](mailto:moyamulroy@gmail.com)

Private service. Private service Neurodevelopmental therapy, reflex and integration. Johansen Individualised Auditory Sound therapy

Dr Michael Keane, Actualise Neurofeedback Training Clinic, Healthy Living Centre, DCU Innovation Campus, Glasnevin Dublin 9. Tel 016533155 [info@actualise.ie](mailto:info@actualise.ie)

Private service. Neurofeedback training is a neuroscience-based method of improving brain function, used in a variety of psychological disorders, including ADD/ADHD, anxiety and depression.

Jo Leonard, Irish Association of Neuro Developmental Therapy, 19 Hillside, Greystones, Co. Wicklow A63 N795. Tel 0866051294 [Leonard.jc@gmail.com](mailto:Leonard.jc@gmail.com)

Private service. This therapy inhibits primitive reflexes that should be absent from the body by two years of age. If these reflexes persist beyond the age of two full neurological development cannot take place and both learning and emotional development is compromised.

Mary Frances O'Connor, Suite 21 Galway Clinic, Doughiska, Galway H91 HHT0. Tel 1850 200321 [enquiries@brainandbehaviour.ie](mailto:enquiries@brainandbehaviour.ie)

Private service. Brain and behaviour enhancement. Neuro-developmental Intervention. Therapeutic programme from a childcare perspective.

Joan Regan, Irish Association of Neuro Developmental Therapists, Maryland, Castlebar, Co. Mayo. Tel 0872357945 [joanregan@hotmail.com](mailto:joanregan@hotmail.com)

Private service. Neuro Developmental Therapy, inhibiting Primitive reflexes that interfere with a child's ability to learn. Johansen Sound Therapy addresses underlying auditory processes.

Yvonne Slevin, 11 Cherryvalley Grove, Rathmoylon, Enfield, Co. Meath A83 EA24. Tel 0863585827 [ndt4kids@gmail.com](mailto:ndt4kids@gmail.com)

Private service. Neurodevelopmental Therapy therapy for children and teenagers. Johansen Individualised Auditory Sound therapy

**Neurodevelopmental therapies are accredited by the Irish Association of Neurodevelopmental Therapists see [www.neurodevelopmentaltherapy.ie](http://www.neurodevelopmentaltherapy.ie).**

## **Occupational, Speech and Language Therapies**

Jennifer Dennehy ,Stepping Ahead Clinic, Unit 6A Kilnap Business Park, Old Mallow Road, Cork T23 X726. Tel 021 4304822 [info@steppingaheadclinic.com](mailto:info@steppingaheadclinic.com)

Private service. Occupational therapy, Speech and Language therapy, Counselling, fitness and group work. Screening assessment.

Orna MacGiolla Ri Tel 087 2112978 [ornamacgiollari@hotmail.com](mailto:ornamacgiollari@hotmail.com)

Private service. Focus is on how to help children to remain calm in situations that challenge them and what adults around them can do to set them up for success. Sensory Integration and motor skills are combined during the sessions to support your child and their body to prepare for challenging situations and to recover from stressful experiences.

C Milford, Atlas Training 6 Cianlea, Swords, Co. Dublin K67 A4E8. Tel 018900119 [info@atlastraining.ie](mailto:info@atlastraining.ie)

Private service. Occupational Therapy and Psychology

**Occupational, Speech and Language services are accredited by CORU see [www.coru.ie](http://www.coru.ie).**

### **Psychiatrist and Psychologist services**

Dr. Aisling Campbell, Suite 1.7, Consultant Private Clinic, Bishopstown, Cork T12 DFK4. Tel 021 4941323 [1.7@cuhcpc.ie](mailto:1.7@cuhcpc.ie)

Private Service. Psychiatric assessment

Dr. Roslind Bishop, R.K. Bishop & Co. Irish Nationwide Building 276-278 Lower Rathmines Road, Rathmines Dublin 6 Tel (01)4966994 [info@rkbishop.ie](mailto:info@rkbishop.ie) [www.rkbishop.ie](http://www.rkbishop.ie)<http://www.rkbishop.ie>

Private Service: Educational Psychologists aimed to help children and adults with many varied psychological difficulties, including issues that adopted children and adults have.

Grainne Casey, An Cuan Centre for Psychological Services, 2 Rathgar Avenue, Dublin 6 D06 V6V4. Tel 01 4906628 [info@ancua](mailto:info@ancua)

Private service. Pre and Post Adoption Services with children, teenagers and adult adoptees. Work with adoptive parents. Work with adults who have relinquished children for adoption. Adults, couples, families and under 18's

Dr. Mairead Ni Eidhin, Bessboro Centre, Cork T12 CRA0. Tel 0870518282 [nieidhin@hotmail.com](mailto:nieidhin@hotmail.com)

Private service. Educational assessments. Parental guidance. Child therapy.

Dr. John Hillery, Consultant Psychologist, Stewarts Care Ltd., Palmerstown, Dublin 20. Tel 01 6264444 [John.hillery@stewartscare.ie](mailto:John.hillery@stewartscare.ie)

Private service. Capacity assessment

Dr. Colm Humphries, Philemon, Silken house, Main St. Maynooth, Co. Kildare W23 H2R3. Tel 01 6016686 [info@philemon.ie](mailto:info@philemon.ie)

Private service. Clinical Psychology assessment of children and adolescents where there are ongoing concerns about development, learning or behaviour. Advice and behaviour support for parents also provided.

Siobhan Kennedy, Educational Psychologist (Retd), 17 Eden Park Rd, Goatstown, Dublin 14 D14 PK63. Tel 01 2987635  
[siobhanmkennedy@gmail.com](mailto:siobhanmkennedy@gmail.com)

Private service. Psycho-educational assessment for children where there are concerns about learning and school progress.

Dr. Joanne Keough, National Forensic Psychology Consultancy Ltd., 5 Florence Rd, Bray, Co. Wicklow A98 W5D7. Tel 0864481579 [info@forensicpsychologyconsultancy.com](mailto:info@forensicpsychologyconsultancy.com)

Private service. Attachment therapy, Trauma Therapy, and Cognitive Behavioural therapy.

Enda Murphy, Glendale house, Dromin, Co. Louth. Tel 087 6815382 [cbtireland@eircom.net](mailto:cbtireland@eircom.net)

Private service. Cognitive Behaviour Therapy for children, Teenagers and Adults.

Dr. Kieran D O'Malley, Slevemore Clinic, Old Dublin Rd, Stillorgan, Co. Dublin A94 CH66. Tel 089 2075237  
[privatecare@hotmail.com](mailto:privatecare@hotmail.com)

Private service. Child and Adolescent Psychiatrist, assessment and follow-up

Fergal Rooney, St. John of God's Hospital, Stillorgan, Co. Dubli A94 FH92. Tel 01 2771470 [Fergal.rooney@sjog.ie](mailto:Fergal.rooney@sjog.ie)

Private service. Psychological Consultation, Assessment and Therapy for Psychosexual Relationships issues. Psychological Services for Healthy Relationships and Sexuality.

Cornelia Sakali, Aistear Psychological services. Tel 087 6333033 [corneliasakali@gmail.com](mailto:corneliasakali@gmail.com) [www.afps.ie](http://www.afps.ie)

Private service. Forensic psychological services.

Psychologists are accredited by the Psychological Society of Ireland. See [www.psihq.ie](http://www.psihq.ie). Psychiatrists are accredited by the Medical council see [www.medicalcouncil.ie](http://www.medicalcouncil.ie) and have their own professional body: The College of Psychiatry in Ireland see [www.irishpsychiatry.ie](http://www.irishpsychiatry.ie).

**To provide an update for the Directory, please contact the Adoption Authority of Ireland at 01 230 9306 [SW@aai.gov.ie](mailto:SW@aai.gov.ie) For feedback suggestions and complaints about the directory, please contact Katie Harrigan, Senior Social Work Practitioner directly at 01 2309 318 [Katie\\_harrigan@aai.gov.ie](mailto:Katie_harrigan@aai.gov.ie)**